

Spacie vaky Kaarsgaren – ako vybrať správne zateplenie










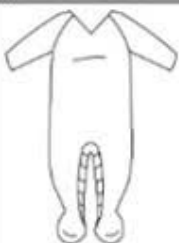
Tog 3,5 – 13 až 16 °C;

Tog 2,5 – 16 až 20 °C;

Tog 1 – 20 až 24 °C;

Tog 0,5 – 24 až 27 °C.

Table B.1 — Example of relationship between the room temperature and the appropriate nightwear for children's sleep bag without sleeves

Room temperature	Thermal resistance ^a			
	0,35 m ² ·K/W	0,25 m ² ·K/W	0,10 m ² ·K/W	0,05 m ² ·K/W
24 °C to 27 °C				
22 °C to 24 °C				
20 °C to 22 °C				
18 °C to 20 °C		 + 	 + 	
16 °C to 18 °C		 + 		
13 °C to 16 °C				

^a In some countries, the thermal resistance is expressed as "tog", for which 1 tog represents 0,1m²·K/W. Respectively, 0,35 m²·K/W, 0,25 m²·K/W, 0,10 m²·K/W and 0,05 m²·K/W are 3,5 tog, 2,5 tog, 1,0 tog and 0,5 tog.